

2022 IMPACT



Westside
Los Angeles

Platinum
Transparency
2023
Candid.

921 Westwood Blvd, Ste 236
Los Angeles, CA 90024
310-889-7200 | namiwla.org



FAMILY-TO-FAMILY CLASS

56 SESSIONS OFFERED
115 INDIVIDUALS SERVED

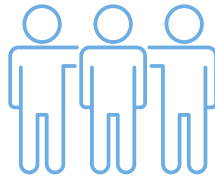


FAMILY SUPPORT GROUP

160 SESSIONS OFFERED
1720 INDIVIDUALS SERVED

PEER-TO-PEER CLASS

32 SESSIONS OFFERED
65 INDIVIDUALS SERVED



PEER SUPPORT GROUP

196 SESSIONS OFFERED
2854 INDIVIDUALS SERVED

**IN 2022, WE CONTINUED TO
DIVERSIFY OUR REACH AND
OFFER SPANISH FAMILY AND PEER
SUPPORT GROUPS**



SPANISH PEER SUPPORT GROUP

25 SESSIONS OFFERED

SPANISH FAMILY SUPPORT GROUP

25 SESSIONS OFFERED

ENDING THE SILENCE PRESENTATIONS

OVER 1500 STUDENTS SERVED

NAMI ON CAMPUS CLUBS

3 NEW CLUBS
60 STUDENTS SERVED



LANETTA WAHLGREN INTERNSHIP

9 NEW INTERNS

FROM

6 UCLA ACADEMIC DEPARTMENTS

VIRTUAL AND IN-PERSON OUTREACH
INCLUDING JANIS BLACK WARNER SPEAKER
SERIES AND MENTAL HEALTH AWARENESS
MONTH EVENTS

OVER 9500 INDIVIDUALS SERVED



SOCIAL MEDIA, WEBSITE, AND
NEWSLETTER REACH

**OVER 770,000 INDIVIDUALS
REACHED**

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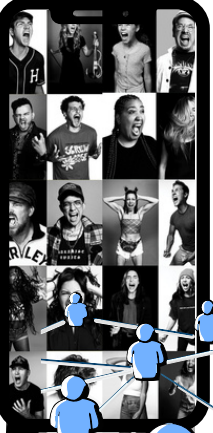
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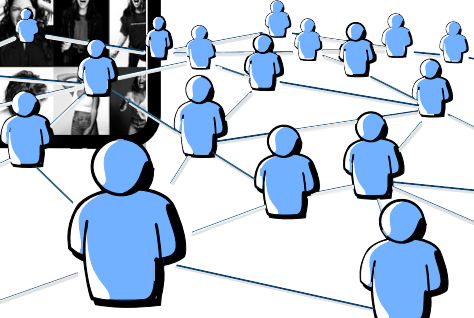


NAMI Westside Los Angeles envisions a world where all persons affected by mental health conditions experience resiliency, recovery and wellness.





FREE YOUR ME **OVER 100 FREE YOUR ME AMBASSADORS**

OVER 1 MILLION SOCIAL MEDIA IMPRESSIONS AND GROWING






OVER 17 MILLION PEOPLE REACHED

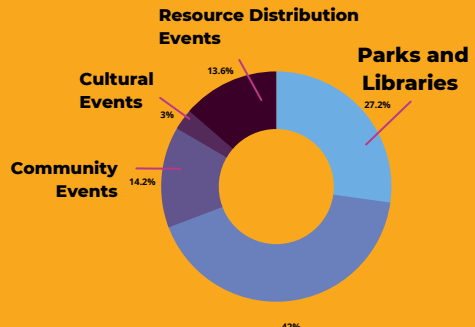
 All made possible by Pure Edge Inc.



PROVIDE COVID RELIEF SUPPORT TO OVER 16,000 COMMUNITY MEMBERS IN LA COUNTY THROUGH THE CALHOPE FEMA GRANT

WHERE WE'VE BEEN:

-  **via warm line**
-  **via in-person outreach**
-  **via flyer distribution**



Category	Percentage
Cultural Events	3%
Community Events	14.2%
Parks and Libraries	27.2%
Unlabeled (Dark Purple)	13.6%
Unlabeled (Light Blue)	42%



NAMI Westside Los Angeles is dedicated to improving the lives of everyone impacted by mental health conditions, by providing hope, mental health education, support, and advocacy. In 2022, we increased our community partnerships with youth organizations, local schools and colleges, and underserved communities. We strengthened our connection with other NAMI affiliates, executive directors, and leaders of the mental health space. We have

grown our team to dedicate more resources to underprivileged populations. We continue to offer our free programs and services to distinct communities, including veterans, LGBTQ+, homeless, academic research communities, and low income/underserved individuals. We continue to reach individuals affected by mental health conditions, families and peers, as well as students and youth mental health advocates to achieve our mission.